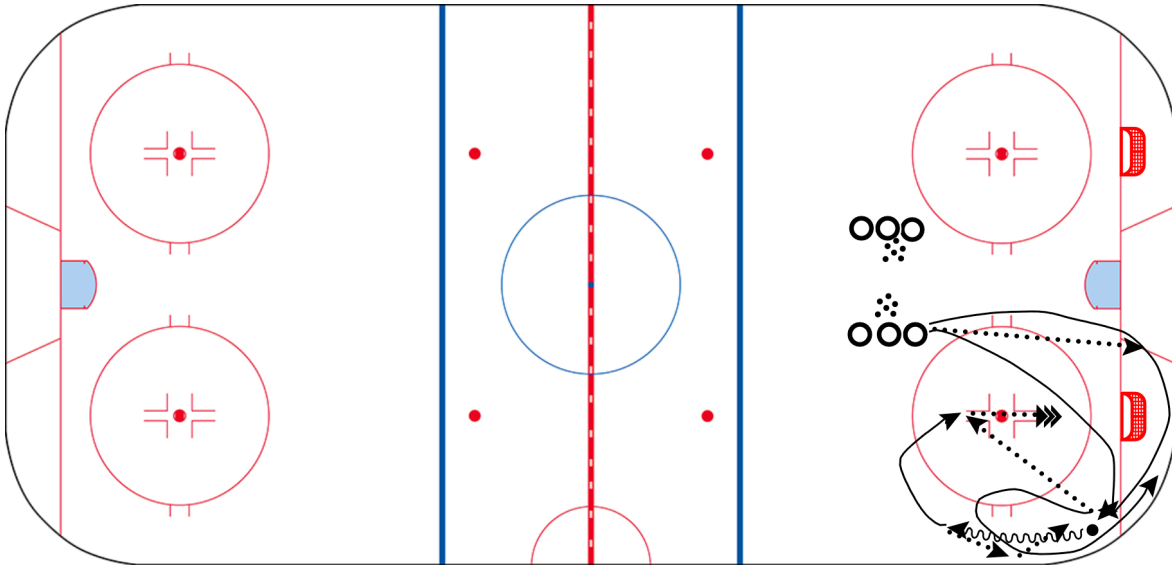




# Quarter Ice - Perpetual Cycle

**Drill Name :** Quarter Ice - Perpetual Cycle from <https://weisstechhockey.com>

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## Description :

1. P1 dumps puck in to corner from line and swings in to pick it up
2. P2 follows up and receives the cycle
3. Cycle give and go with a shot
4. P3 dumps puck in on the other side of the net
5. P2 loops back into the zone and cycles the other way
6. P3 follows up, receives the cycle, and passes out front to P2
7. Drill repeats