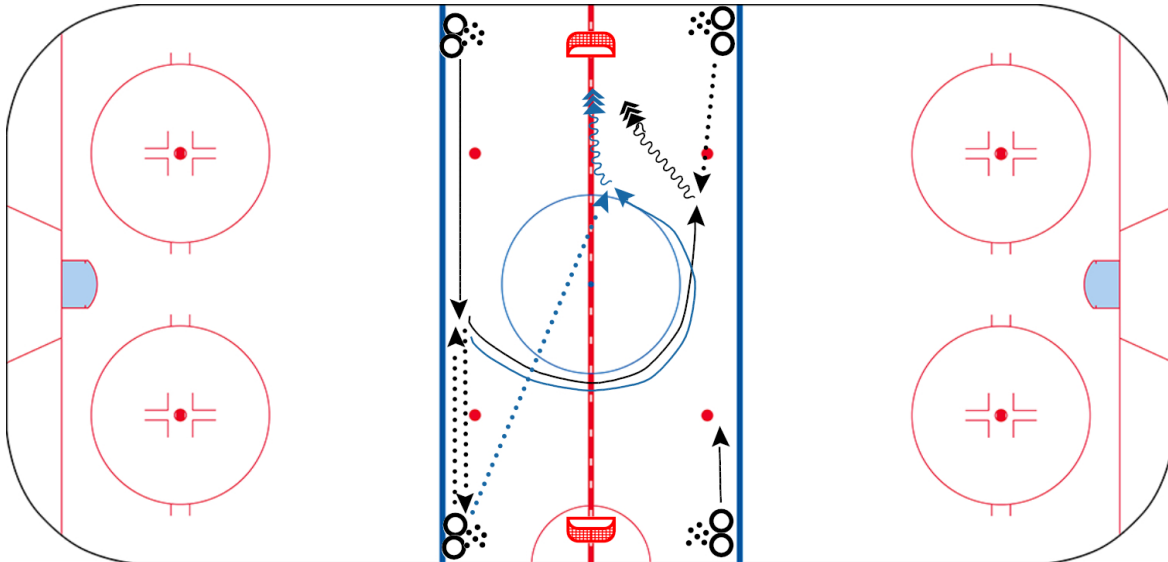




# Cross-Ice 3-Pass & Shot

**Drill Name :** Cross-Ice 3-Pass & Shot from <https://weisstechhockey.com>



## Description :

1. Player skates out and receives a pass from the first player in the line straight across
2. Touch pass back
3. Loop and receive pass from the other line, as shown
4. Shoot

Variation: If it's going well, add the stretch pass variation as shown in the blue lines