

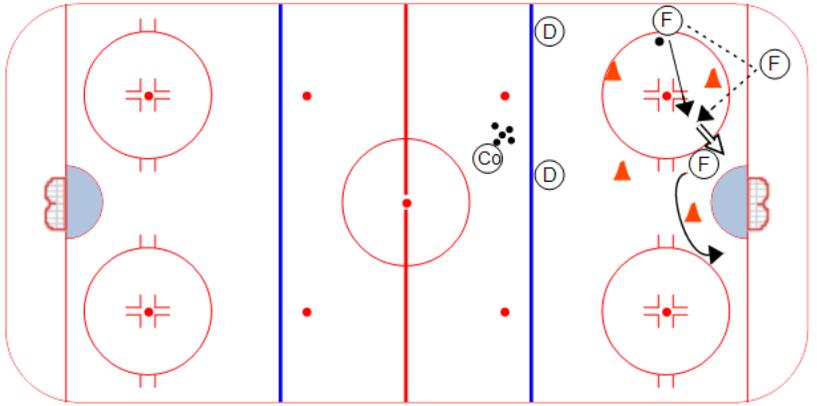
Title : Full Speed PP Sequence

Category #1 : Team Systems

Category #2 : Power Play Setups

Description

1. Player's line up in proper position for your team's power play set-up (in this case it's the "hybrid" set-up)
2. Place cones in positions where the opposing defenders will likely be
3. Work through your attack options, in order from highest probability to lowest
4. Focus on running through "set-up, attack, rebound, and back to set-up," with crisp passes, always executing at full speed



Key points :