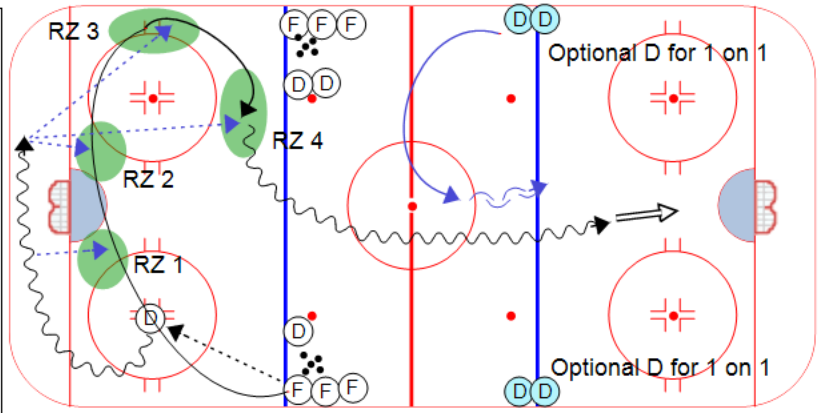


**Description**

1. 2 lines of Fs and Ds on the blue lines (out of the way)
2. D starts drill on dot
3. On the whistle, F passes to D, who pivots toward the boards, then skates behind the net to initiate a breakout
4. F control skates through each of the 4 receiving zones, presenting him or herself as a passing option in each zone (never taking eye off puck)
5. After receiving pass, F attacks 1 on 0

Option: Add D to the far blue lines for a 1 on 1



Key points :

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