

Title : Give and Go out of Corner

Category #1 :

Passing

Category #2 :

Skating

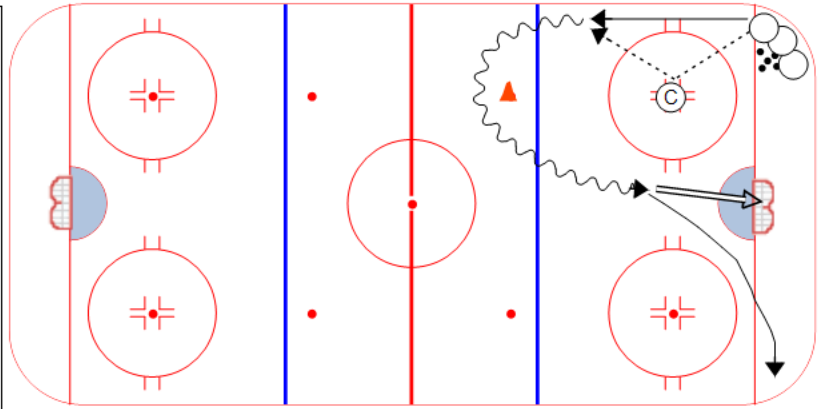
Description

1. Quick give and go with explosive start out of the corner
2. Skate around the cone and take a shot with your feet moving

Note: Teach your players to call for the pass back. It's never too early to teach communication!

More Drills and Skills at

<http://weisstechhockey.com/blog>



Key points :

give and explode!

shoot in stride

stick to stick passes

call for the pass