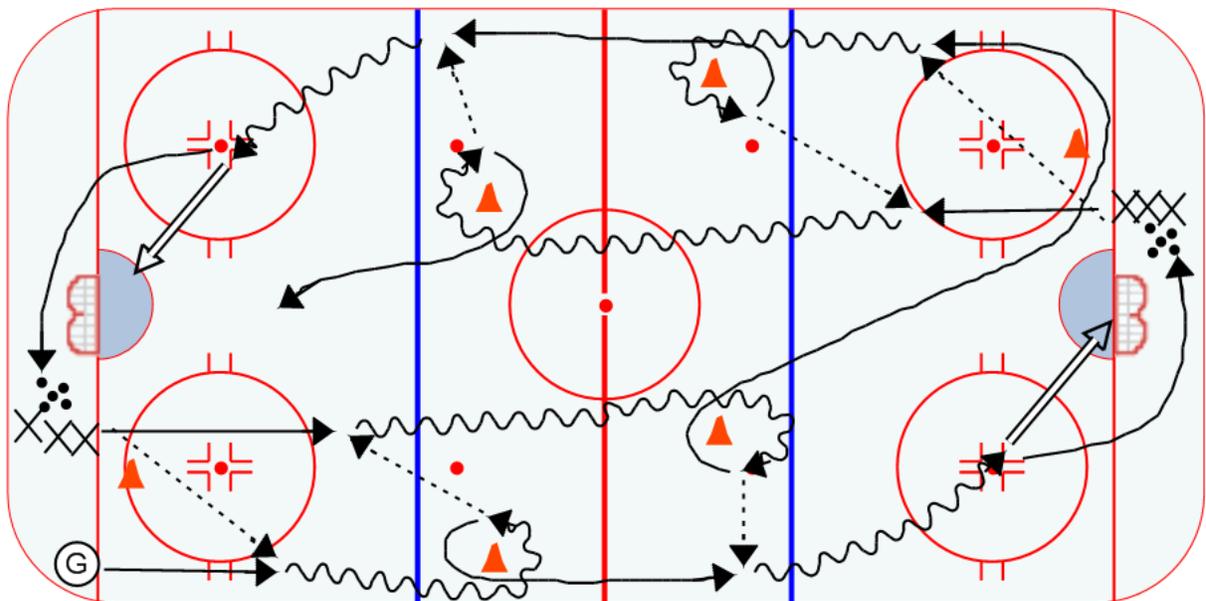


Title : Perpetual Pass and Power T **Category #1 :** SKILLS **Category #2 :** PASSES

Content elements: _____ **Components :** _____



Key Points :

Description

ⓐ skates and receives pass from X, who then starts skating. ⓐ goes around the cone and passes the puck back to X. Players follow the route as shown, drill is perpetual.

I recommend running both sides at the same time.

More Drills and Skills at <http://weisstechhockey.com/blog>