

Title : Slovakian Agility Drill

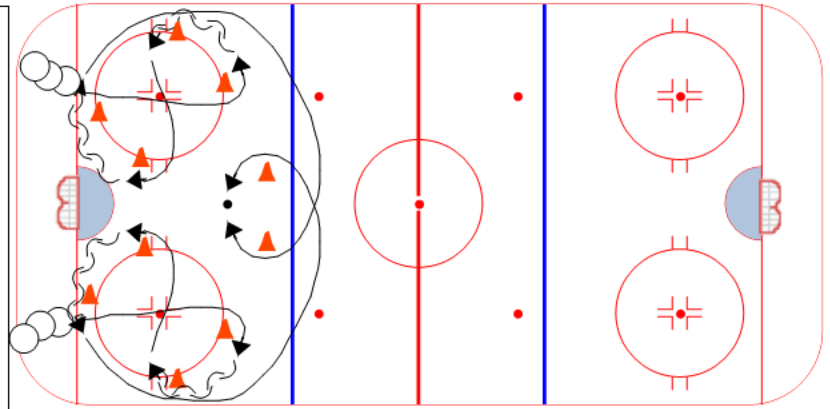
Category #1 :

Category #2 :

**Description**

1. Player from each line skates through the cones as shown
2. Pivot at each turn
3. Winner takes the puck and tries to score
4. Loser backchecks

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Key points :