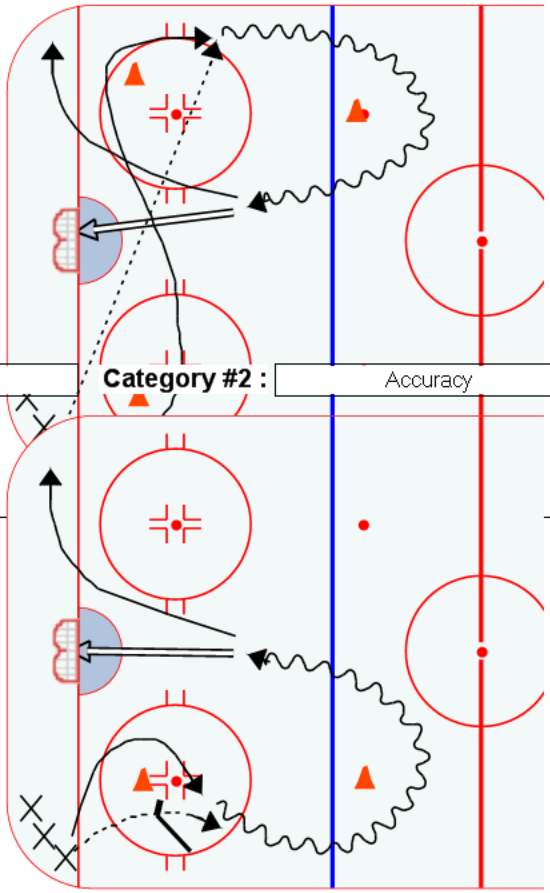
Title : Half-Ice Long/Short Passing **Category #1 :** Passing **Category #2 :** Accuracy

Description

1. First player leaves line and skates through the cones as shown.
2. Next player in line fires a hard, stick-to-stick, cross-ice pass.
3. First player receives pass, skates up around the NZ cone, and fires a shot on net.
4. NOTE: make sure to time your whistles so players aren't skating in front of shots.

More Drills and Skills at http://weisstechhockey.com/blog



Title : Half-Ice Long/Short Passing (s **Category #1 :** Passing **Category #2 :** Accuracy

Description

1. First player leaves and does a tight turn around the first cone.
2. Next player in line floats a "saucer pass" over the stick and onto the stick of the receiver.
3. First player skates up around the NZ cone, and fires a hard shot on net.
4. NOTE: be sure to keep a quick whistle pace during this drill.

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Key points: