

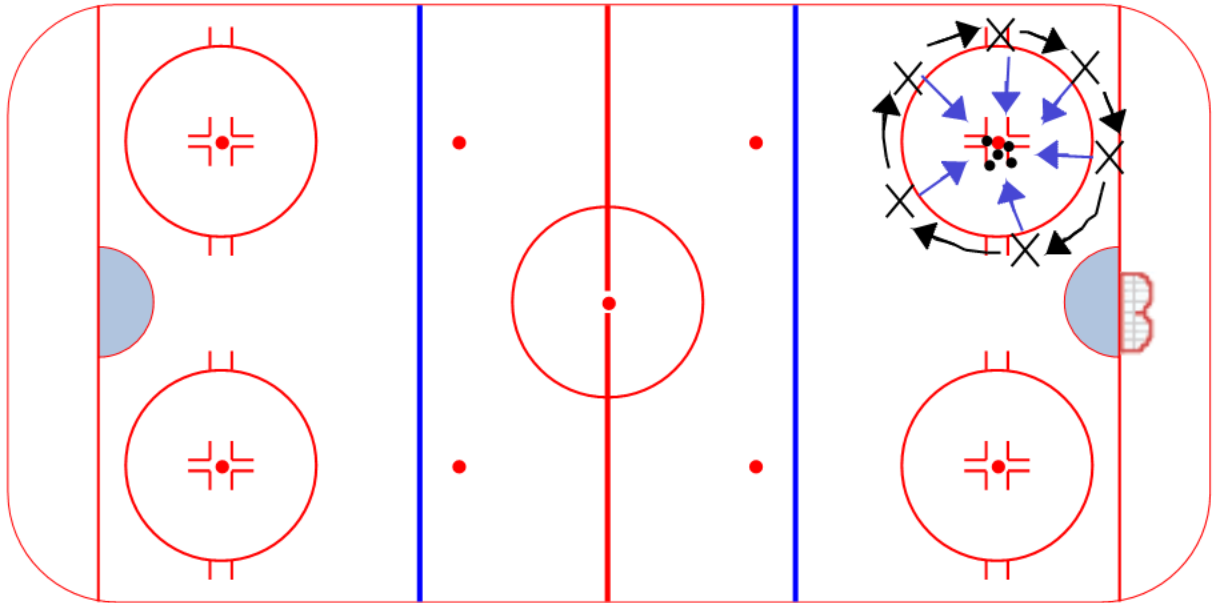
Title : Musical Pucks

Category #1 : Small Area Games

Category #2 : Skating

Content elements:

Components :



Key Points :

crossovers

battles

fun

Description

1. Put one less puck in the middle than you have players on circle
2. Players cross over until whistle
3. On whistle, each player tries to get a puck - whoever doesn't get one is out
4. Make sure to run it both directions so players practice crossing over both ways.

More Drills and Skills at <http://weisstechhockey.com/blog>