

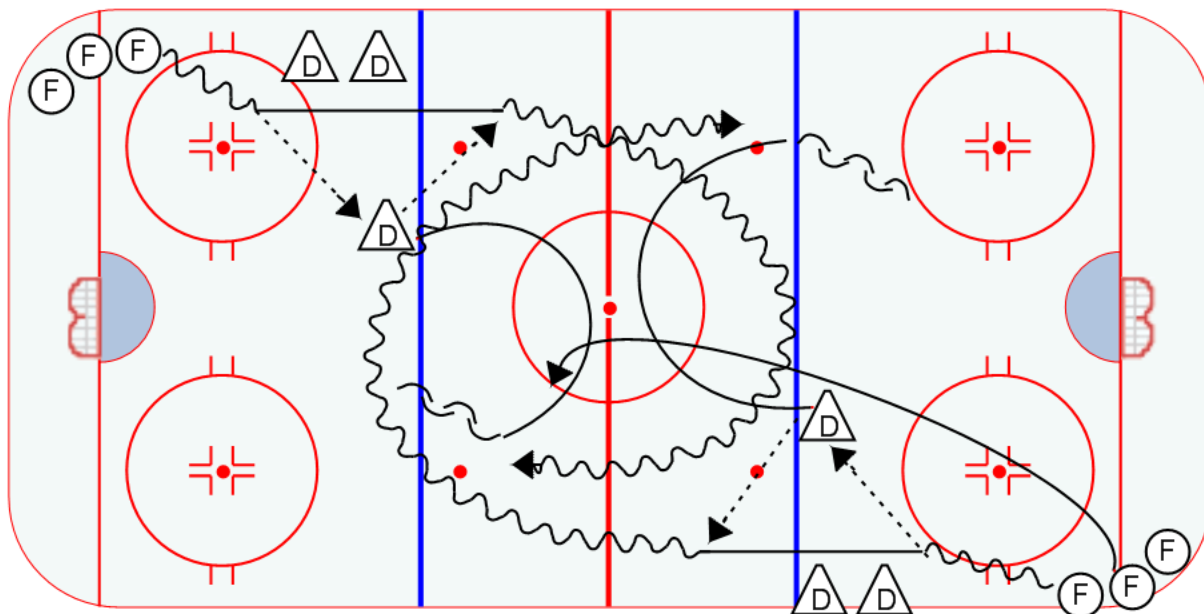
Title : Give & Go 1 on 1

Category #1 : 1 on 1, 2 on 1, 3 on 2

Category #2 : Flow

Content elements:

Components :



Key Points :

### Description

\*\*Drill starts on the whistle. Both ends at the same time.

On the whistle, the (F) makes a pass to the (D). Return pass to the (F). The (F) carries the puck under the blue line for a 1 on 1 on the opposite side.

Option:

A second (F) joins the play as the first (F) skates under the blue line.