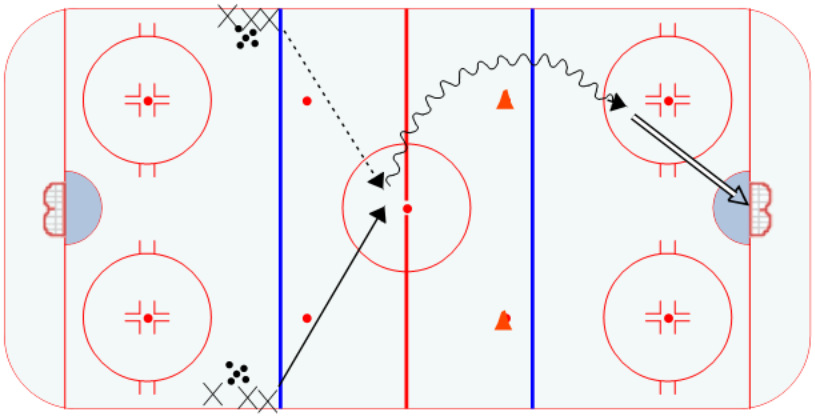
Drill no. : _____ Duration : _____ Minutes From : _____ To : _____

Title : Attack Triangle Sequence Category #1 : Team Systems Category #2 : Offensive Attack

Description

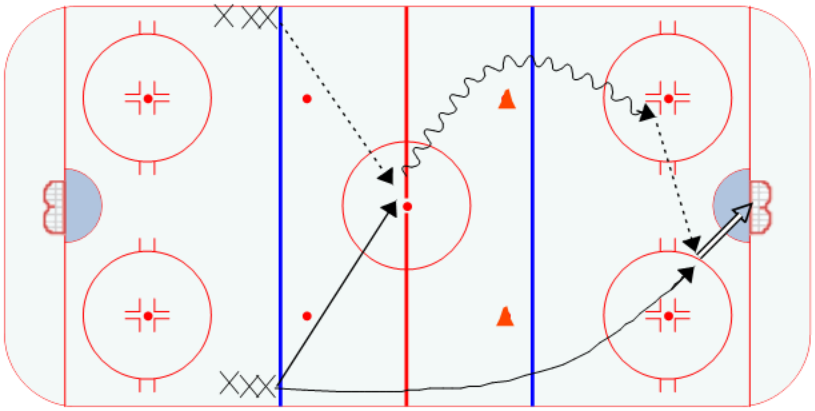


Key points :

Drill no. : _____ Duration : _____ Minutes From : _____ To : _____

Title : Attack Triangle Sequence (Category #1 : Team Systems Category #2 : Offensive Attack

Description

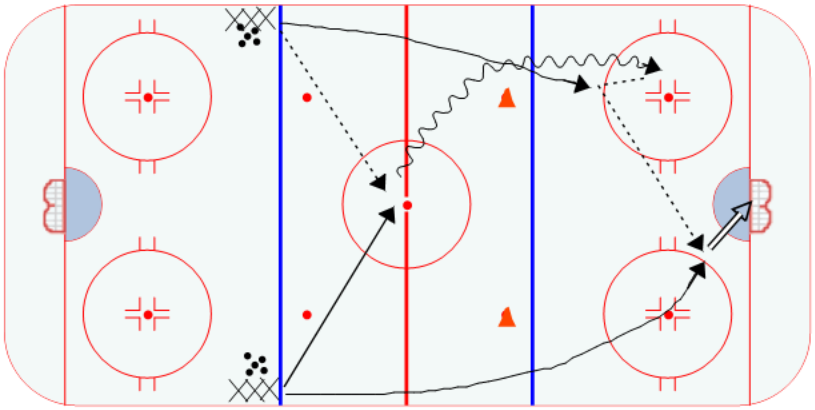


Key points :

Drill no. : _____ Duration : _____ Minutes From : _____ To : _____

Title : Attack Triangle Sequence (Category #1 : Team Systems Category #2 : Offensive Attack

Description



Key points :